



Fairbanks Family Wellness
 Johnna Underwood, PT
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 Phone: 907-479-2331 Fax: 907-479-0164
 FairbanksFamilyWellness.com

PT Intake Form

Circle the area of your main complaint:	Please list/describe your symptoms in order of severity.
	1. _____ 2. _____ 3. _____

What is the quality of your pain/complaint?

- | | | | | |
|-----------|----------|---------------------------|----------------------|---------|
| Dull Ache | Cramping | Spasms | Stabbing | Burning |
| Tingling | Shooting | Sharp with motion | Shooting with motion | Stiff |
| Achy | Numb | Pain at rest w/o activity | Other: _____ | |
| | | | _____ | |
| | | | _____ | |

When did your symptoms/problem begin? _____

Have you had this problem before? _____

If accident related, please describe how the injury occurred. _____

How often do you experience these symptoms (please circle)?

- | | |
|----------------------------------|------------------------------------|
| Constantly (76-100% of the time) | Occasionally (26-50% of the time) |
| Frequent (51-75% of the time) | Intermittently (0-25% of the time) |

On a pain scale from 1-10 (10 being the worst), how would you rate this problem?

0 1 2 3 4 5 6 7 8 9 10 (circle one)

How are your symptoms changing with time (circle)?

- | | | |
|----------------|---------------|--------------|
| Getting better | Getting worse | Not changing |
|----------------|---------------|--------------|

How much has this problem interfered with your work (circle)?

- | | | | | |
|------------|--------------|------------|-------------|-----------|
| Not at all | A little bit | Moderately | Quite a bit | Extremely |
|------------|--------------|------------|-------------|-----------|

Please explain: _____



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How much has this problem interfered with your social activities/hobbies/sports?

Not at all A little bit Moderately Quite a bit Extremely

Please explain: _____

Does this problem interfere with your ability to (circle all that apply and indicate a time frame, i.e. within 10 minutes of sitting, my low back pain starts hurting.)

Sitting	Working
Standing	Personal Hygiene
Walking	Driving
Stair Climbing	Sleep
Lifting	

Please explain: _____

Have you had any other treatment for this condition? _____

Have you had any recent accidents or hospitalizations? _____

Name: _____ **Today's Date:** _____